

Greener Village Community Food Centre

Teaching Kitchen Programs



Project Description

Greener Village Community Food Centre has been providing emergency food and clothing to low income families in Fredericton for more than 30 years.

The Class 4 Licensed Teaching Kitchen is the cornerstone of Greener Village's transition, moving beyond a simple Food Bank to a Community Food Centre that can address clients' broader needs. The kitchen has been operating pilot projects over the past two years under the direction of Lisa Wilby, who is certified in nutrition and is a professional Chef. It is our belief that through education we can help families learn how to budget, cook, and eat healthier.

The core programming for the Teaching Kitchen is weekly cooking classes along with community outreach to vulnerable populations. The kitchen is also essential in helping clients utilize the produce grown onsite in the Greener Village gardens. Most successful over the past two years is "Kids in the Kitchen with Chef Lisa", where clients bring their children two Saturday mornings per month so

"More funding would mean that we would be able to provide more extensive in-depth programs to our clients. Basic cooking, nutrition and budgeting skills are essential to not only our clients but also community members. This money would help increase the amount of classes being offered here at Greener Village and it would help me to be able to do more community outreach classes on a regular basis"

• Lisa Wilby
Teaching Kitchen Coordinator



they can receive hands-on learning about healthy food choices and kitchen skills. This is where we can influence little taste buds and empower children to make lifelong changes in how they see food.

Ashley is a graduate of our Community Food Mentor program and has started a collective kitchen business.

"Greener Village's Teaching Kitchen is really the hinge of my whole business idea, in that it provided me with an affordable, inclusive and safe place for people to come together and assemble meals."

🌱 Ashley Brown
Meal Assembly Workshops

Request

The operations of the Teaching Kitchen cost \$55,000 annually. We are looking for partnership funding to continue to build on the success we have experienced over these past two years.

Program Packages

Packages make it easy to support programs that are important to your organization.

Kids in the Kitchen - \$1,000.00 (5 Classes)

Provide a cooking experience for kids ages 4-16! They'll learn how to make healthy foods and will get to spend hands-on time in the kitchen.

Client Cooking Class - \$900.00 (5 Classes)

Support our clients as they learn a variety of cost-effective skills and tricks in our kitchen. Classes cover basic cooking skills like knife handling, mother sauces, and food safety.

Community Outreach - \$500.00 (5 Engagements)

Help Lisa get the word out! Community Outreach sponsorship will allow Lisa to reach more groups in the community, giving presentations and demonstrations that will better connect the Teaching Kitchen with the Fredericton community.

Friendly Kitchen - \$750.00 (5 Dates)

This program opens the Teaching Kitchen to all clients who visit over the course of the day. Lisa makes a soup lunch for all visitors and is able to reach a larger audience and share the story of the kitchen over a hot meal.



Food safety - \$1,000.00 (10 Clients)

Certification in food safety is a beneficial step towards gainful employment. Supporting this program will allow 10 clients to enroll in the Food Safety course and will cover all material, including their examination fees.

Benefit to Project Partner

Partners who choose one of our program packages will be recognized with their name and logo printed on all materials for the duration of their program sponsorship (for example, if one month of cooking classes is sponsored all publications, social media posts, and posters for that month will include the partner's logo and a special thank-you for their support). In addition, the partner's logo will be added to the Teaching Kitchen's annual list of supporters which will hang in the kitchen for the duration of the year.

Greener Village hosts many schools, groups that tour the center, along with hundreds of volunteers who will tour through this space. Finally, your name and logo will be added to our "Tree of Hope" located on the premises where it will be seen by all tour groups, educational groups, and visitors. Your representation is important to us and we can discuss signage, location, and duration of your promotion with us.

We are eager to continue the depth of programs and services that are available through the Teaching Kitchen, and we look forward to growing with the community that has supported us so faithfully. 🌱



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